

UMass Boston First Year Students and Seniors Time on Tasks per Week

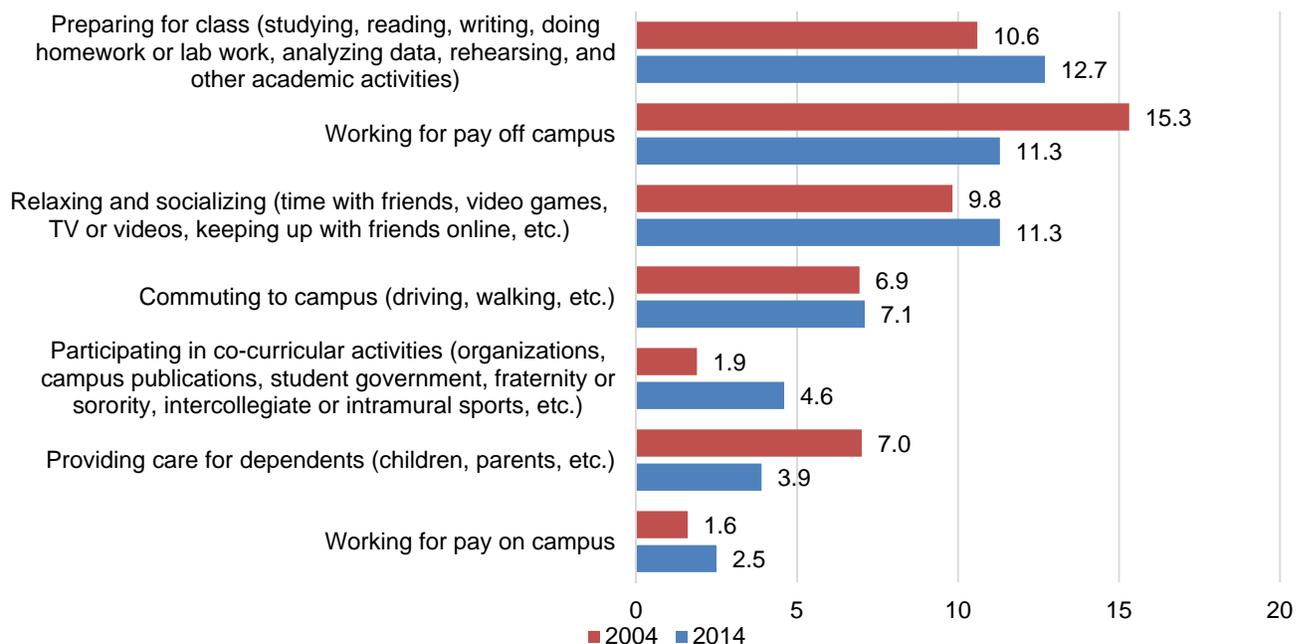
Results from the National Survey of Student Engagement 2004 and 2014

The National Survey of Student Engagement (NSSE) is a survey of first year students and seniors across the United States and Canada about their experiences as undergraduates. UMass Boston has participated in the pilot of the survey and in survey administrations in 2002, 2004, 2008, 2011, and 2014. NSSE helps us understand how students are spending time in and out of the classroom. Students are asked a series of “time on task” questions that ask “About how many hours do you spend in a typical 7-day week doing the following?” Response options are: 0, 1-5, 6-10, 11-15, 16-20, 21-25, 26-30, More than 30 (Hours per week). The average hours per week below are calculated by assigning mid-point values to each category. The results are values that approximate students' actual hours per week.

UMass Boston First Year Students in 2004 and 2014

- In 2004, the task first year students reported spending the most time per week on was working for pay off-campus (15.3 hours).
- In 2014, it was preparing for class (studying, reading, writing, doing homework or lab work, analyzing data, rehearsing, and other academic activities) (12.7 hours).
- In 2004, first year students spent the least amount of time working for pay on-campus (1.6 hours) and participating in co-curricular activities (1.9 hours).
- In 2014, first year students spent the least amount of time working for pay on-campus (2.5 hours) and providing care for dependents (3.9 hours).
- The greatest changes were an increase of 2.7 hours on average per week spent participating in co-curricular activities and a decrease of 4.0 hours on average per week spent working for pay off campus from 2004 to 2014.

Time on Task: UMass Boston First Year Students in 2004 and 2014



UMass Boston Seniors in 2004 and 2014

- In both 2004 and 2014, the task seniors reported spending most of their time per week on was working for pay off-campus. Seniors in 2004 (19.4 hours) averaged 3.4 more hours per week working off-campus for pay than seniors in 2014 (16 hours).
- In 2004, seniors spent the least amount of time working for pay on-campus (2.1 hours) and participating in co-curricular activities (2.1 hours).
- In 2014, seniors spent the least amount of time per week working for pay on-campus (2.9 hours) and participating in co-curricular activities (2.8 hours), but these were modest increases from the 2004 seniors.
- The greatest changes between 2004 and 2014 were the decrease in the average number of hours working off-campus for pay and an increase of 1.4 hours in commuting time per week.

Time on Task: UMass Boston Seniors in 2004 and 2014

